

Retail

HEALTHY FOODS CATALOGUE





REFINED AVOCADO OIL

Presentations:

- 8.8 fl oz Bottle (6 pieces per box)
- 17.2 fl oz Bottle (6 pieces per box)
- 33.8 fl oz Bottle (6 pieces per box)

NBF's Refined Avocado Oil is cold pressed, 100% pure avocado oil, made with Mexican Hass avocado, neutral in smell and taste maintaining the nutritional properties, gluten free and trans fat free, non GMO and high in Omega 9 and monounsaturated fats.

Due to its high smoke point it can be used for cooking and frying.

Certifications:



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nongmoproject.org



VEGAN



EXTRA VIRGIN **AVOCADO OIL**

Presentations:

- 8.8 fl oz Bottle (6 pieces per box)
- 17.2 fl oz Bottle (6 pieces per box)
- 33.8 fl oz Bottle (6 pieces per box)

NBF's Extra Virgin Avocado Oil is cold pressed, 100% pure avocado oil, green color with golden reflections, made with Mexican Hass avocado. It has a high smoke point, gluten-free and trans fat free, non-GMO, high in omega 9 and in monounsaturated fats that help control cholesterol.

This oil is ideal for marinating, sautéing, preparing dressings, mayonnaise, vinaigrettes or simply giving a touch of flavor to your food.

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AVOCADO OIL GOURMET FLAVORS

Presentations:

- 8.8 fl oz Bottle
(3 pieces per box)

Flavors:

- Garlic
- Chipotle
- Herbes de provence



NBF Gourmet Oils are ideal for marinating, sautéing, dressing and giving an extra touch of flavor to your meals.

Cold-pressed, made with Mexican Hass avocado and natural essences of garlic, chipotle and herbs from Provence, with a high smoke point, gluten-free, non-GMO and high in monounsaturated fats, as well as omega 9.

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REFINED AVOCADO OIL SPRAY

Presentations:

- 5 fl oz Spray Can
(12 pieces per box)

NBF's Refined Avocado Oil is cold pressed, 100% pure avocado oil, made with Mexican Hass avocado, neutral in smell and taste maintaining the nutritional properties, gluten free and trans fat free, non GMO and high in Omega 9 and monounsaturated fats.

Precise control, minimal waste.

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ICED TEA

LEMON FLAVOR

Presentations:

- 600 g Stand-Up Bag
(10 pieces per box)

NBF® Iced Tea Lemon Flavor is made with natural black tea extracts and sweetened with NBF® Organic Agave Powder; a 100% natural sweetener with a low glycemic index.





ORGANIC EXTRA VIRGIN COCONUT OIL

Presentations:

- 16 fl oz Jar
(12 pieces per box)
- 33.8 fl oz Jar
(12 pieces per box)

NBF's Organic Extra Virgin Coconut Oil is obtained from the fresh and ripe pulp of cold pressed coconuts; it is gluten-free and trans fat free, non-GMO, and it has antioxidants; depending on the room temperature it is solid or liquid.

This oil is ideal for sautéing, desserts or simply giving a touch of flavor to your food.

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ORGANIC NEUTRAL COCONUT OIL

Presentations:

- 16 fl oz Jar
(12 pieces per box)
- 33.8 fl oz Jar
(12 pieces per box)

NBF's Organic Neutral Coconut Oil has no flavor or odor; however, it maintains its nutritional properties. It is obtained from the fresh and ripe pulp of cold pressed coconuts; it is gluten-free and trans fat free, non-GMO, and it has antioxidants; depending on the room temperature it is solid or liquid.

This oil is ideal for cooking, sautéing and for making desserts.

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TOASTED **SESAME OIL**

Presentations:

- 8.8 fl oz Bottle
(6 pieces per box)
- 17.2 fl oz Bottle
(6 pieces per box)

NBF's Toasted Sesame Oil is a 100% Mexican product made from the extraction of roasted sesame seeds. It contains antioxidants such as omega 6, 9 and vitamin E.

It is also a cholesterol-free oil highly used in oriental cuisine for a variety of dishes, for sautéing, marinating or giving a distinct flavor to the dishes.

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EXTRA VIRGIN **SESAME OIL**

Presentations:

- 8.8 fl oz Bottle
(6 pieces per box)
- 17.2 fl oz Bottle
(6 pieces per box)

NBF's Extra Virgin Sesame Oil is a 100% mexican product that comes from sesame seeds, it is cold pressed and 100% natural. It contains antioxidants such as omega 6, 9 and vitamin E, it is also cholesterol free.

This oil is highly uses in oriental cuisine, ideal for marinating, sautéing, preparing dressings, mayonnaise, vinaigrettes or simply giving a touch of flavor to your food.

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ORGANIC **AGAVE INULIN**

Presentations:

- 1 lb Stand-Up Bag
(12 pieces per box)

NBF's Organic Agave Inulin is a soluble fiber and natural prebiotic. It comes from Agave Tequilana Weber and has a low glycemic index, it improves your intestinal function, and it helps with the absorption of nutrients such as calcium, vitamins and antioxidants. It does not contain odor or taste, and it has a rapid absorption in your body.

Add it to desserts, smoothies, milkshakes, tea, coffee, gelatin, juices, or simply dissolve a tablespoon in a glass of water.

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ORGANIC **AGAVE SUGAR**

Presentations:

- 1 lb Stand-Up Bag
(12 pieces per box)

NBF's Organic Agave Sugar is made of 100% Agave Tequilana Weber, that comes from the crystallization of our organic agave syrup, 40% sweeter than traditional cane sugar, making it a low glycemic index sweetener.

It can be used to sweeten your beverages and foods in a healthier way.

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ORGANIC **AGAVE SYRUP**

Presentations:

- 8.4 fl oz Bottle
(12 pieces per box)
- 16.9 fl oz Bottle
(6 pieces per box)
- 33.8 fl oz Bottle
(12 pieces per box)

NBF's Organic Agave Syrup is made of 100% Agave Tequilana Weber, it is 40% sweeter than cane sugar, making it a better alternative to sweeten your desserts, beverages, and more; it dissolves easily at high or low temperatures and has a low glycemic index.

Sweeten your beverages and food in a more natural and healthy way.

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ORGANIC AGAVE SYRUP

(FLAVORED AGAVE SYRUP)

Presentations:

- 8.8 fl oz Bottle (6 pieces per box)
- 17.2 fl oz Bottle (6 pieces per box)
- 33.8 fl oz Bottle (12 pieces per box)

Flavors:

CARAMEL CHOCOLATE IRISH CREAM VANILLA MAPLE

NBF's Organic Agave Syrup is made of 100% Agave Tequilana Weber, it is 40% sweeter than cane sugar and has a low glycemic index, which makes it an ideal natural alternative for cocktails, and other beverages with a great concentrated flavor, also, you can even use them in foods such as hot cakes, waffles, etc.

Sweeten your cocktails and beverages in a more natural and healthy way.

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ORGANIC **NOPAL** DEHYDRATED POWDER

Presentations:

- 1 lb Stand-Up Bag
(12 pieces per box)

NBF's Organic Nopal Dehydrated Powder is extracted from the leaves of the prickly pear; they are selected, dehydrated and pulverized for use.

Dehydrated nopal (prickly pear leaves) powder is an organic source of minerals and sugar-free fiber that helps the digestive process and reduce the risk of gastrointestinal problems.

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ORGANIC COCONUT SUGAR

Presentations:

- 1 lb Stand-Up Bag
(12 pieces per box)

NBF's Organic Coconut Sugar is a 100% natural sweetener; it is extracted from the sap that comes from the coconut palm, with caramel flavor notes, it dissolves easily in your beverages.

It is a low glycemic sweetener and contains amino acids, which makes it a healthier option to replace cane sugar.

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ORGANIC COCONUT FLOUR

Presentations:

- 1 lb Stand-Up Bag
(12 pieces per box)

NBF's Organic Coconut Flour comes from the pulverization of coconut pulp. It is the perfect substitute for common and refined flours since it is gluten-free, rich in protein and fibers, which makes it an easy to digest food, and it does not contain preservatives.

Everything you were looking for in a flour to cook your favorite recipes.

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ORGANIC COCONUT POWDER DRINK

Presentations:

- 1.05 lb Stand-Up Bag
(12 pieces per box)

NBF's Organic Coconut Powder Drink is made with organic grounded coconut pulp with small chunks of natural coconut sweetened with NBF's organic agave sugar. It contains NBF's organic agave inulin which provides prebiotics. It is perfect to replace milk of animal origin in your diet since it does not contain lactose and is easy to digest.

Great taste with natural ingredients that help you have a healthier diet.

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ORGANIC MEXICAN **HONEY** (WITH **HONEYCOMB** / **HONEY BUTTER**)

Presentations:

- 1 lb Jar
(12 pieces per box)

NBF's Organic Premium Honey is 100% pure mexican multifloral honey that comes from the Calakmul. It also contains organic honeycomb, that helps to preserve the properties of the honey.

NBF's Honey Butter is 100% pure mexican multifloral honey that has a creamier texture due to its fine natural crystallization process, so you can spread it and enjoy it on pancakes, waffles, put it over fruit or simply spread it on a toast.

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