

Food Service

HEALTHY FOODS CATALOGUE



PRESENTATIONS:



25 kg | 55 lb Bag



200 L Drum



1,000 L IBC Tote

REFINED AVOCADO OIL



Nutrition Facts

Serving size 1 tbsp (15ml)

Amount per serving

Calories 130

% Daily Value*

Total Fat 14g **18%**

Saturated Fat 3g **15%**

Trans Fat 0g

Polyunsat. Fat 2g

Monounsat. Fat 9g

Sodium 0mg **0%**

Total Carbohydrate 0g

Protein 0g

* Not a significant source of cholesterol, dietary fiber, total sugar, added sugars, vitamin D, calcium, iron, and potassium.

Presentations:

- 200 L Drum (upon request)
- 1,000 L IBC Tote (upon request)

NBF's Refined Avocado Oil is cold pressed, 100% pure avocado oil, made with Mexican Hass avocado, neutral in smell and taste maintaining the nutritional properties, gluten free and trans fat free, non GMO and high in Omega 9 and monounsaturated fats.

Due to its high smoke point it can be used for cooking and frying.

Certifications:



Certified by

CMX-L00AA-1013



VEGAN

EXTRA VIRGIN AVOCADO OIL



Nutrition Facts

Serving size 1 tbsp (15ml)

Amount per serving

Calories 130

% Daily Value*

Total Fat 14g **18%**

Saturated Fat 3g **15%**

Trans Fat 0g

Polyunsat. Fat 2g

Monounsat. Fat 9g

Sodium 0mg **0%**

Total Carbohydrate 0g

Protein 0g

* Not a significant source of cholesterol, dietary fiber, total sugar, added sugars, vitamin D, calcium, iron, and potassium.

Presentations:

- 200 L Drum
(upon request)
- 1,000 L IBC Tote
(upon request)

NBF's Extra Virgin Avocado Oil is cold pressed, 100% pure avocado oil, green color with golden reflections, made with Mexican Hass avocado. It has a high smoke point, gluten-free and trans fat free, non-GMO, high in omega 9 and in monounsaturated fats that help control cholesterol.

This oil is ideal for marinating, sautéing, preparing dressings, mayonnaise, vinaigrettes or simply giving a touch of flavor to your food.

Certifications:



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VEGAN

ORGANIC EXTRA VIRGIN COCONUT OIL



Nutrition Facts

Serving size 1 tbsp (15ml)

Amount per serving

Calories 130

% Daily Value*

Total Fat 14g	18%
Saturated Fat 13g	60%
<i>Trans</i> Fat 0g	
Polyunsat. Fat 1g	
Monounsat. Fat 1g	
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%

Protein 0g

* Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Presentations:

- 200 L Drum
(upon request)
- 1,000 L IBC Tote
(upon request)

NBF's Organic Extra Virgin Coconut Oil is obtained from the fresh and ripe pulp of cold pressed coconuts; it is gluten-free and trans fat free, non-GMO, and it has antioxidants; depending on the room temperature it is solid or liquid.

This oil is ideal for sautéing, desserts or simply giving a touch of flavor to your food.

Certifications:



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ORGANIC NEUTRAL COCONUT OIL

Nutrition Facts	
Serving size	1 tbsp (15ml)
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 14g	18%
Saturated Fat 13g	60%
<i>Trans</i> Fat 0g	
Polyunsat. Fat 1g	
Monounsat. Fat 1g	
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	

* Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Presentations:

- 200 L Drum (upon request)
- 1,000 L IBC Tote (upon request)

NBF's Organic Neutral Coconut Oil has no flavor or odor; however, it maintains its nutritional properties. It is obtained from the fresh and ripe pulp of cold pressed coconuts; it is gluten-free and trans fat free, non-GMO, and it has antioxidants; depending on the room temperature it is solid or liquid.

This oil is ideal for cooking, sautéing and for making desserts.

Certifications:



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ORGANIC AGAVE INULIN (POWDER & LIQUID)



Supplement Facts

Serving Size: 1 tsp (4g)

Amount Per Serving		%Daily Value*
Calories	10	
Total Carbohydrates	4g	1%*
Dietary Fiber	3g	11%*
Agave Inulin	4g	**

*Percent Daily Value are based on a 2,000 calories diet.

**Daily Value (DV) not established

Presentations (powder):

- 25 kg / 55 lb Bag

Presentations (liquid):

- 200 L Drum
- 1,000 L IBC Tote

NBF's Organic Agave Inulin is a soluble fiber and natural prebiotic. It comes from Agave Tequilana Weber and has a low glycemic index, it improves your intestinal function, and it helps with the absorption of nutrients such as calcium, vitamins and antioxidants. It does not contain odor or taste, and it has a rapid absorption in your body.

Add it to desserts, smoothies, milkshakes, tea, coffee, gelatin, juices, or simply dissolve a tablespoon in a glass of water.

Certifications:



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ORGANIC AGAVE SUGAR



Nutrition Facts	
Serving size	2 Tbsp (30 g)
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 28g	10%
Dietary Fiber 1g	4%
Total Sugars 27g	
Includes 0g Added Sugars	0%
Protein 0g	
Vit. D 0mcg 0%	Calcium 0mg 0%
Iron 0mg 0%	Potas. 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Presentations:

- 25 kg / 55 lb Bag

NBF's Organic Agave Sugar is made of 100% Agave Tequilana Weber, that comes from the crystallization of our organic agave syrup, 40% sweeter than traditional cane sugar, making it a low glycemic index sweetener.

It can be used to sweeten your beverages and foods in a healthier way.

Certifications:



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ORGANIC AGAVE SYRUP



Nutrition Facts

Serving size 2 tbsp (30ml)

Amount per serving

Calories 120

% Daily Value*

Total Fat 0g 0%

Sodium 0mg 0%

Total Carbohydrate 30g 11%

Total Sugars 28g

Includes 0g Added Sugars 0%

Protein 0g

* Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.

Presentations:

- 200 L Drum
(upon request)
- 1,000 L IBC Tote
(upon request)

NBF's Organic Agave Syrup is made of 100% Agave Tequilana Weber, it is 40% sweeter than cane sugar, making it a better alternative to sweeten your desserts, beverages, and more; it dissolves easily at high or low temperatures and has a low glycemic index.

Sweeten your beverages and food in a more natural and healthy way.

Certifications:



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ORGANIC NOPAL DEHYDRATED POWDER

Supplement Facts

Serving Size: 1 Tbsp (15g)

Amount Per Serving	%Daily Value*
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Calories 24	
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Total Carbohydrates 6g	2%
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Dietary Fiber 14g	50%
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Calcium 390mg	30%
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Nopal Powder	15g	**
<i>(Opuntia ficus-indica)</i>		

*Percent Daily Value are based on a 2,000 calories diet.

**Daily Value not established

Presentations:

- 25 kg / 55 lb Bag

NBF's Organic Nopal Dehydrated Powder is extracted from the leaves of the prickly pear; they are selected, dehydrated and pulverized for use.

Dehydrated nopal (prickly pear leaves) powder is an organic source of minerals and sugar-free fiber that helps the digestive process and reduce the risk of gastrointestinal problems.

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ORGANIC COCONUT SUGAR



Nutrition Facts

Serving size 1 Tbsp (4g)

Amount per serving
Calories 15

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 0g	
Vit. D 0mcg 0%	Calcium 0mg 0%
Iron 0mg 0%	Potas. 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Presentations:

- 25 kg / 55 lb Bag

NBF's Organic Coconut Sugar is a 100% natural sweetener; it is extracted from the sap that comes from the coconut palm, with caramel flavor notes, it dissolves easily in your beverages.

It is a low glycemic sweetener and contains amino acids, which makes it a healthier option to replace cane sugar.

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ORGANIC COCONUT FLOUR

Nutrition Facts

Serving size 2 Tbsp (30g)

Amount per serving

Calories 130

% Daily Value*

Total Fat 3g 4%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 21mg 1%

Total Carbohydrate 19g 7%

Dietary Fiber 11g 3%

Total Sugars 6g

Includes 0g Added Sugars 0%

Protein 6g

Vit. D 0mcg 0% Calcium 0mg 0%

Iron 1mg 6% Potas. 340mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Presentations:

- 25 kg / 55 lb Bag

NBF's Organic Coconut Flour comes from the pulverization of coconut pulp. It is the perfect substitute for common and refined flours since it is gluten-free, rich in protein and fibers, which makes it an easy to digest food, and it does not contain preservatives.

Everything you were looking for in a flour to cook your favorite recipes.

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ORGANIC COCONUT POWDER DRINK



Nutrition Facts

Serving size 2 Tbsp (30g)

Amount per serving

Calories 130

% Daily Value*

Total Fat 5g 6%

Saturated Fat 4g 20%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 34mg 1%

Total Carbohydrate 20g 7%

Dietary Fiber 1g 4%

Total Sugars 8g

Includes 5g Added Sugars 10%

Protein 1g

Vit. D 0mcg 0% Calcium 0mg 0%

Iron 0mg 0% Potas. 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Presentations:

- 25 kg / 55 lb Bag

NBF's Organic Coconut Powder Drink is made with organic grounded coconut pulp with small chunks of natural coconut sweetened with NBF's organic agave sugar. It contains NBF's organic agave inulin which provides prebiotics. It is perfect to replace milk of animal origin in your diet since it does not contain lactose and is easy to digest.

Great taste with natural ingredients that help you have a healthier diet.

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NBF

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